

*Owned and Operated by  
Firefighter/Paramedics*

**Mental Health at Home**  
*Psychiatric Skilled Nursing*



As professional firefighters and paramedics, we saw a need to help seniors live safely at home.

We founded a non-medical home care company in 2009 that grew to become one of the largest private duty home care agencies in Michigan - serving over 1000 clients since its inception.

**Caring for seniors isn't just our business... *it's who we are***

This invaluable experience was the foundation that led us to invest in a home health agency, 1st Call Home Healthcare.

Our mission is to apply the same business philosophy to medical based home care: exceptional customer service and a professional, caring staff.



Owners: Mike, Jason and Bob



**When to refer your patient:**

- Sleeping and/or eating poorly, loss of energy and motivation
- Experiencing unreal thoughts, visions, smells or sounds
- Suspicious of people and can't be reassured
- Forgetful, fearful and needing lots of reassurance
- Anxious, complaints that can't be solved, focuses on certain things
- Talking about wanting to die
- Having difficulty with medications
- Difficult to redirect or is assaultive to family, staff or peers

**800-908-3890**

Fax (888) 604-6233

Email [referrals@3firefighters.com](mailto:referrals@3firefighters.com)



We are a Joint Commission Accredited and Medicare Certified Agency



**Home Healthcare**

*A Home Health and Rehab Agency Owned  
and Operated by Firefighter/Paramedics*

## A Specialized Program Providing Psychiatric Home Health Care

### Geriatric Care

We understand the needs of our aging population with multiple comorbidity. Whether it's physical or mental health needs, our clinicians have extensive knowledge in geriatric care.

### Dementia Care

We provide home care to patients who have been afflicted with Dementia and help caregivers and families manage patient behaviors through education and effective use of medications.

### Behavioral Care

Our team supports patients suffering from problems associated with mood swings, psychotic and anxiety disorders. We help patients meet daily health and basic needs under close supervision.

*"1st Call Home Healthcare has the management and expertise to properly treat psychiatric patients in the home. I highly recommend their services."*

Dr. Sangita Patel MD,  
Advanced Medical Home Physician

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## Psychiatric Program Outline

### Assessment

- Physical and mental health
- Cognitive and memory function
- Screening to validate diagnosis

### Education

- Disease processes
- Medication management
- Nutrition and diet
- Exercise, rest and sleep
- Environment modification

### Intervention

- Behavioral management using redirection
- Effective use of psychotropics
- Coping skills
- Reality orientation
- Cognitive stimulation
- Supportive counseling to patient, family and caregivers



Home Healthcare

**Medicare**



[www.3firefighters.com](http://www.3firefighters.com)